

# **Northwestern Oklahoma State University Community Service Program**

## **End of Year Management Report**

### **Fiscal 18-19**

Northwestern Oklahoma State University's Community Service Program (NWCSP), contracting through the Oklahoma Department of Corrections to provide drug and alcohol treatment to inmates at the Charles E. "Bill" Johnson Correctional Center (BJCC) in Alva, Oklahoma, conducts an annual management needs assessment. The assessment is accomplished by the once weekly meeting with NWCSP staff, individual interviews and weekly discussion with administration of both BJCC and Northwestern Oklahoma State University. This assessment has the goal of identifying programmatic needs and performance improvements for the program at BJCC. For the fiscal period of 2018-2019 the assessment has identified the following needs:

- During the 18-19 fiscal period BJCC has seen a decline in inmate population from 620 to 509. This has allowed NWCSP the ability to provide supplementary treatment to address the needs of clients, NWCSP has implemented groups addressing anger management, parenting, and life skills training.
- Funding will be an issue for this and upcoming fiscal periods in the area of aging equipment such as printers, and the continuing costs of needed printed materials for the clients in groups. NWCSP has taken proactive action by committing to as much of a paperless system as is possible and the staff are all committed to providing as much as is possible to clients under the current constraints. Proper funding will also allow the program to provide adequate trainings for staff and required continuing education requirements (CEU's).
- NWCSP has implemented the online version of the Addiction Severity Index (ASI), known as Behavioral Health Index-Multimedia Version (BHI-MV), which is a client self-administered comprehensive behavioral health assessment tool monitored by NWCSP staff.
- NWCSP conducted its yearly data evaluation and the research indicated that clients are experiencing higher levels of self-efficacy at completion of programming, but are experiencing a decrease in decision making. Data also indicated that clients are experiencing lower self-esteem which has transformed into higher levels of depression. This can possibly be attributed to the lack of ability by clients to make meaningful decisions while incarcerated.

**Actions to be taken**

- NWCSP will continue to look at the needs of clients and provide services to address those needs as allowed in our mission.
- NWCSP will continue to look for ways to save money in daily operations as well as strive to seek further funding for the program to meet all needs of the program. DOC has stated they will provide a printer and link it to their system for some savings on printing costs and this will negate having to replace aging equipment in this regard.
- NWCSP will monitor ways in which the administering of the BHI-MV can be improved.
- With regards to data outcome, future treatment, can address some of the following issues; criticism, abuse/trauma, neglect, bullying, ridicule, hostility and unrealistic expectations. The process by which this can be addressed within the NWCSP program is to challenge cognitive distortions, be more empathetic, be present with the consumer by utilizing Motivation Interviewing, and open more direct and topic oriented groups.

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