

## **2018-19 Health and Sport Science Education Department Diversity Report**

The department encourages diversity through its course offerings as well as through its various sports programs. Some examples of such activities and programs are:

### **2303 Wellness Concepts**

Topics covered: Health disparities among different ethnic groups, socioeconomic groups, gender groups, and age groups.

### **3112 Adapted Physical Education**

Topics covered: Adaptations for students with special needs, teaching and instruction modifications are discussed and employed.

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### **3650 Elementary School Program, 4233 Teachers Course**

Topics Covered: In both classes discussion cover methods and techniques to modify activities with students who have special needs. Mental and physical special needs

### **2621 Techniques of Teaching Rhythms and Aquatics**

Different ethnic dances are taught.

### **PE&R 4672/Theory of Coaching**

Diversity Awareness issues in regard to women seeking and accepting positions as coaches of male athletic teams that are traditionally dominated by male coaches.

### **Concepts of Aerobics (H & PE 1462)**

This course covers topics pertaining to the disabled population. We cover special considerations for the disabled pertaining to physical activity...as well as covering the health benefits associated with choosing a physically active lifestyle for all people.

### **School and Community Health (H ED 2102)**

Health and Sports Science covers a variety of topics dealing with different minorities. Examples of topics covered are sexual harassment, mental disorders, and addictions, recognizing and accepting cultural differences, and being sensitive to individual differences in general.

### **HED 3202 Therapeutic Recreation**

This class meets criteria for Diversity Awareness in Higher Education because a therapeutic recreation specialist works to encourage, assist, and accommodate clients of all ages including students who suffer from countless types of musculoskeletal, neurological, neuromuscular impairments, along with injuries, etc. They assist clients to help improve their quality of life and to ease pain or suffering.

### **3212 Fitness Assessment and Exercise Prescription-**

We discuss differences in body fat, muscle mass, and bone density between different ethnicities, including African Americans and Native Americans.

### **HED 1820, Nutrition,**

Diversity Awareness in talking about nutritional deficiencies that effect low-income community, poverty countries, the elderly and some that are more prevalent in people with disabilities. We also look at the difference between a North American Diet and the diet of other Countries.

### **Recreational Leadership PE&R 3662**

In Recreational Leadership, we cover the history of Recreation and how minorities were discriminated against in the past. We also cover the diversity of the recreational management field today.

### **Organization/Management of Intramurals PE&R 4622**

In Organization and Management of Intramurals, we cover the history of Intramurals and how minorities and women were discriminated against in the past. We also extensively cover Title IX and its impact on both intercollegiate athletics and intramurals.

### **HED 4223 Teachers Course**

Teacher candidates in Health and Sports Science Education are required to complete units, lesson plans, and formal assessments that demonstrate understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.

### **Internship Courses:**

HED 4233 Internship I and HED 4243 Internship II

Students majoring in Fitness Management complete 96 hours each in Internship I and II, working with students, faculty, and community members in the Wellness Center that requires interaction with all populations including underserved, minority or socio-economically disadvantaged.

### **Training and Conferences attended Dr. Chandler Mead and Mr. Shane Hansen**

#### **Oklahoma Association for Health, Physical Education Recreation & Dance Oct. 15-16, 2018 Hosted by UCO**

##### **Creating an Environment Where People Thrive**

Leadership means seeing the need, envisioning the plan, and empowering the team for action. Let's explore how leadership, as such, creates an environment of trust, respect, integrity, compassion, excellence and ensures everyone thrives.

**Presenter/Facilitator:** Derrick Sier, OMOS Team Building

#### **The Oklahoma Association of Colleges for Teacher Education & The Oklahoma Office of Educational Quality & Accountability Oct. 25-26**

##### **Diversity and Equity that Dives Below the Surface**

An OSU panel will share efforts to deepen the conversation around equity and inclusion in this interactive session with opportunities to consider ways to nourish dialogue in participants' respective settings.

##### **Diversity Awareness Through Practice – A Collaboration Case Study Approach**

This presentation explores diversity issues in the classroom using a collaborative case study design. We will share our journey working with students as they discover diversity issues in education settings.