

Christopher Neu

Phone: 801-708-4171

Email: christopher.neu12@gmail.com

Education

Ph.D.	Dec 2025	Marriage and Family Therapy	Brigham Young University Provo, UT
M.S.	2021	Marriage and Family Therapy	University of Nebraska-Lincoln Lincoln, NE
B.S.	2016	Family Studies	Brigham Young University Provo, UT

Professional Experience

2025 - present	Assistant Professor of Psychology	NWOSU Enid, OK
2023 - present	Research and Asset Manager	Hero Journey Club Virtual Office
2023-present	Researcher and Data Manager	CHAMPS Project Brigham Young University, Provo, UT
2022 - 2023	Project Manager	CHAMPS Project Brigham Young University, Provo, UT
2021 - 2022	Therapist	Hope Therapy Spanish Fork, Utah
2021	Instructor	University of Nebraska - Lincoln Lincoln, NE

Research Interests

Neurodivergence in Adulthood

Neurodivergence in Romantic Relationships

Neurodivergent Mental Health

Physiological and Neurological mechanisms of change in mental health

Courses Taught and Guest Lectures

PSYC 5033 - Introduction to Research	NWOSU Enid, OK
PSYC 4233 - Experimental Psychology	NOWSU Enid, OK
PSYC 5173 - Statistics for Assessment	NWOSU Enid, OK
PSYC 4213 - Statistics	NWOSU Enid, OK
PSYC 4223 - Research Methodology	NWOSU Enid, OK
PSYC 5203 - Family Systems	NWOSU Enid, OK
CYAF 380 - Working with Families in Communities and Schools	University of Nebraska - Lincoln, Lincoln, NE
Guest Lecture - SFL 465: Marriage and Family Therapy and Enrichment Approaches	Brigham Young University, Provo, UT
Tutoring - Statistical Methods and STATA coding	Brigham Young University, Provo, UT

Peer-Reviewed Publications

Neu, C., Bradford, A.B. (*Accepted Jun 12, 2025*). Autism in Romantic Relationships: A Decade (2013-2024) in Review. *Journal of Family Theory and Review*.

Galati, M. C. R., Hollist, C. S., do Egito, J. H. T., Osório, A. A. C., Parra, G. R., **Neu, C.**, & de Moraes Horta, A. L. (2023). Sexual dysfunction, depression, and marital dissatisfaction among Brazilian couples. *The Journal of Sexual Medicine*, 20(3), 260–268.
<https://doi.org/10.1093/jsxmed/qdac004>

Manuscripts Under Review

Hull, T.D., **Neu, C.** (n.d.) Analyzing the Feasibility and Acceptability of a Health-Supporting Community for Diverse Video Gamers. *JMIR*.

Papers In Progress

Kellas, J.K., Taladay-Carter, C., Kauer, T., Hollist, C., Maisano, T., **Neu, C.**, Rogers, R. (Submitted Jan 2025). Testing CNSM Theory: The Impact of Narrative Parenting on Connection, Meaning-Making, and Psychosocial Well-Being during COVID-19. *Human Communication Research*.

Neu, C., Bradford, A.B. (n.d.) Examining Usability of Public Reddit Data to Explore Relational Issues Within a Neurodiverse Population. [in progress]

Books and Book Chapters

Neu, C. Hull, T.D. (In Progress) The Handbook of Video Games and Mental Health. Chapter 5: Game Therapeutic Frameworks: Integrating Evidence-Based Approaches with Video Game Mechanics. Oxford University Press.

Neu, C. Hull, T.D. (In Progress) The Handbook of Video Games and Mental Health. Chapter 8: Addressing Neurodivergent Symptoms in Virtual Environments. Oxford University Press.

Professional Presentations

Neu, C., Bradford, A.B., Johnson, L.N., & Kirwan, C.B. (2024, June). *Changes in Brain Activation to Relationship Arguments During the First Month of Couple's Therapy*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Ottawa, Ontario, CA.

Bradford, A.B., Johnson, L.N., **Neu, C.**, & Kirwan, C.B. (2024, June). *Can change in couple therapy be predicted by neurological processes? An fMRI study*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Ottawa, Ontario, CA.

Neu, C., Whiting, J. (2023, September). *Building a Grounded Theory Using Reddit Data Regarding Romantic Relationships in Autistic Adults*. Poster presented at AAMFT's Intervention Research Conference, Provo, UT.

Neu, C., Bradford, A.B. (2023, May). *Further Exploration of Change in Empathy and Change in Couple Satisfaction in Marital Therapy*. Poster presented at Fulton Conference at BYU, Provo, UT.

Professional Outreach

Neu, C. (2024, May) *Autism Spectrum Disorders in Adults: Working with Autism in Clinical Practice*. Special Lecture presented at the Summer Series at BYU, Provo, UT.

Neu, C. (2025, Jan) *Overview of Neurodivergence, A Compendium*. Wiki-literature review hybrid. Hero Journey Club.

Master's Committee

Nicole Morgan