

CURRICULUM VITA
Heidi R. Ritchie PhD, RN
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Education

Institution	Degree	Year	Field of Study
University of Northern Colorado	Doctor of Philosophy (PhD)	5/2025	Nursing Education
University of Northern Colorado	Master of Science (MS)	5/2003	Nursing Education
Nebraska Wesleyan University	Bachelor of Science in Nursing (BSN)	5/1998	Nursing
Bryan Memorial Hospital School of Nursing	Diploma	12/1996	Nursing

Certifications and Licensure

Registered Nurse – Oklahoma # R0080424 – Multistate – exp. 7/26

Basic Cardiac Life Support – exp. April 2027

Advanced Cardiac Life Support – exp. October 2026

American Heart Course Instructor – exp. April 2027

Professional Academic Experience

Dates	Institution and Location	Academic Position	
8/2022 - Current	Northwestern Oklahoma State University – Division of Nursing Enid, OK Campus	Director of BSN Programs	Responsible for direct supervision of BSN program
8/2026 - Current	Northwestern Oklahoma State University- Division of Nursing Enid, OK Campus	Assistant Professor	Full-time faculty member with responsibilities in classroom, clinical, and administration.
8/2018 – 7/2025	Northwestern Oklahoma State University- Division of Nursing Enid, OK Campus	Nursing Instructor	Full-time classroom and clinical faculty in BSN program
8/2017- 5/2018	Northern Oklahoma College – Division of Nursing Enid, OK	Nursing Instructor	Full-time classroom and clinical faculty in ADN program
1/2009- 2016	Northwestern Oklahoma State University – Division of Nursing	Adjunct Instructor	Adjunct teaching in BSN program
8/2007- 12/2008	Northwestern Oklahoma State University -Division of Nursing Enid, OK	Assistant Chair & Instructor	Administrative and full- time teaching duties in BSN program

5/2005-5/2007	Oklahoma University Health Sciences Center- College of Nursing Oklahoma City, OK	Adjunct Instructor	Online faculty for 2 nd degree, RN to BSN completion, and traditional nursing students
5/2003-5/2004	University of Northern Colorado School of Nursing Greeley, CO	Lecturer	Taught in 2 nd degree and traditional nursing program both in the classroom and online. Skills lab coordinator; clinical instructor, and student advisor
8/2002-5/2003	School of Nursing University of Northern Colorado Greeley, CO	Graduate Assistant	Assisted faculty with skills labs, lecturing, clinicals, research, and development of PhD program in nursing

Professional Non-Academic Experience

Dates	Institution/Organization	Position	Responsibilities
8/2016-Current	St. Mary's Regional Medical Center 305 S 5 th Street Enid, OK 73701	Cardiac Rehab Staff Nurse PRN	Provide care to clients in Cardiac Rehab
5/2005-1/2008	St. Mary's Regional Medical Center 305 S. 5 th Street Enid, OK 73701	Magnet Coordinator/Consultant & ER Staff Nurse	Coordinate the process of obtaining Magnet Certification. Worked as a staff RN in the ER.
6/2004 – 12/2006	St. Mary's Regional Medical Center 305 S. 5 th Street Enid, OK 73701	Staff Development Specialist for Critical Care	Provide orientation and continuing education to nurses in Critical Care and throughout the hospital.
9/2000-12/2003	Poudre Valley Hospital Emergency Department 1024 S. Lemay Avenue Fort Collins, CO 80524	RN, Staff nurse & relief charge nurse	Provide care to a wide variety of clients in a 24 bed Level II Trauma Center.
6/1998-9/2000	Regional West Medical Center Intensive Care Unit Scottsbluff, NE 69361	RN, Staff nurse & relief charge nurse	Provide care to critically ill adults and

2/1997- 5/1998	Bryan Memorial Hospital Medical Unit / Float Pool Lincoln, NE	RN, Staff nurse	children in a rural setting. Primary and team care of patients with a variety of conditions.
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Awards and Honors

Date	Title of Award	Granting Organization
May 2025	Daisy Award Nominee	Northwestern Oklahoma State University
April 2025	Sigma Theta Tau, Beta Delta Chapter-at-Large	2025 Weatherby Memorial Graduate Scholarship
March 2025	College of Natural & Health Sciences Graduate Student Research Fund	University of Northern Colorado
April 2007	Outstanding Faculty – Enid Campus 2007-2008	Northwestern Oklahoma State University
November 2003	Delegate; International Conference – Toronto, Ontario, Canada	Sigma Theta Tau
May 2003	Graduate Dean's Citation for Excellence (1 of 3 for University)	University of Northern Colorado
April 2003	Phyllis Drennan Award for Outstanding Graduate Student: Nursing Education	Sigma Theta Tau- Zeta Omicron Chapter

Clinical Scholarship/Research Presentations

July 2022, Brower, E., Nemec, R., Ritchie, H., Nicastro, O. Identity and role transition as a nurse educator. Conference breakout session. Nurse Educators Conference in the Rockies 2022. .

September 2021, Ritchie H. Process oriented guided inquiry learning (POGIL) in undergraduate cardiac dysrhythmia interpretation. Poster Presentation, Oklahoma Nurses Association Annual Convention, Tulsa, OK.

July 2004. Koeckertiz, J., Hessler, K., & Ritchie, H., Improving Interactivity in the Nursing Classroom: Applications for Infrared Devices. Rocky Mountain Nurse Educators Conference.

November 2003. Ritchie, H., Leadership Style of Nursing Management Related to Job Satisfaction of Staff Nurses at a Hospital with Magnet Certification. Presented at chapter meeting for Sigma Theta Tau, Zeta Omicron Chapter.

Heidi Ritchie Curriculum Vitae August 2025

Publications

Ritchie, H. (2025). *Exploration of disorienting dilemmas new registered nurses experience in clinical situations* (Publication No.) [Doctoral dissertation, The University of Northern Colorado]. ProQuest Dissertations and Theses Global.

Brower, E. Nemec, R., Ritchie, H., & Nicastro, O. (2022). A qualitative exploration of self-identity during the role transition to a nurse educator. *Nurse Education Today*, 112, 1-5.

Hessler, K., & Ritchie, H. (2004). Recruitment and retention of novice faculty. *Journal of Nursing Education*.

Ritchie, H., & Shreck, C. (2007). NDNQI falls data support decision making by nursing leadership councils on equipment and staff education. *American Nurses Association*.

Ritchie, H. (2003). *Leadership Styles of Nursing Management Related to Job Satisfaction of Staff Nurses at a Hospital with Magnet Certification*, (Publication No.) [Masters thesis, The University of Northern Colorado]. ProQuest Dissertations and Theses Global.

Educational Presentations

July 2025, Ritchie, H. ECG Course. St. Mary's Regional Medical Center, Enid, OK.

June 2025, Ritchie, H. ECG Course. St. Mary's Regional Medical Center, Enid, OK.

September 2024, Ritchie, H. Cardiac Dysrhythmias. Oklahoma Student Nurse Association Convention, Tulsa, OK

July 2024, Ritchie, H. ECG Course. St. Mary's Regional Medical Center, Enid, OK.

May 2022, Ritchie, H. ECG Course. St. Mary's Regional Medical Center, Enid, OK.

August 2021, Ritchie, H. ECG Course. St. Mary's Regional Medical Center, Enid, OK.

April 2021, Ritchie, H., Cardiac Dysrhythmias. St. Mary's Regional Medical Center, Enid, OK.

October 2020, Ritchie, H., Cardiac health. Healthy Rangers Day, Alva OK.

October 2019, Ritchie, H., Cardiac Dysrhythmias. Oklahoma Student Nurse Association Convention, Norman, OK.

May 2017. Ritchie, H., ECG Course. St. Mary's Regional Medical Center, Enid, OK.

Professional Memberships

Oklahoma Nurses Association/American Nurses Association – Current

Sigma Theta Tau, Zeta Omicron Chapter 2019-Current

Academy of Medical-Surgical Nurses – May 2025 – Current

National League of Nurses – 2018 - Current

Academic Service Teaching

Year	Title	Department/Unit
8/2025 - Current	Assistant Professor	Division of Nursing - NWOSU
8/2018 – 7/2025	Instructor	Division of Nursing - NWOSU
8/2017-2018	Nurse Instructor	Division of Nursing - NOC
1/2009-2016	Adjunct Instructor	Division of Nursing - NWOSU
8/2007-12/2008	Instructor	Division of Nursing - NWOSU
5/2005-5/2007	Adjunct Instructor	College of Nursing - OU
2004-2010	Advanced Cardiac Life Support Instructor (ACLS)	St. Mary's Regional Medical Center- Enid, OK
5/2003-5/2004	Lecturer	School of Nursing – UNC

Courses Taught

NURS 1114 & NURS 1124	NOC – Fundamentals of Nursing & Practicum	NOC - Nursing
NURS 1234 & NURS 1244	Nursing of Adult 1 & Practicum	NOC- Nursing
NURS 3003	Holistic Assessment	NWOSU - Nursing
NURS 3023	Role Transition (LPN to BSN; online)	NWOSU - Nursing
NURS 3026	Mental Health in Nursing	NWOSU - Nursing
NURS 3033	Pathophysiology for Nursing; Traditional & Online RN – BSN Program	NWOSU - Nursing
NURS 3337	Nursing Care of the Adult Health II (lecture & skills lab)	NWOSU - Nursing
NURS 4003	Research Utilization; Traditional & Online RN – BSN Program	NWOSU – Nursing
NURS 4900	Special Topics- Cardiac Dysrhythmias	NWOSU- Nursing
NURS 4316	Nursing Care of the Adult Health III (lecture, skills lab & clinical)	NWOSU - Nursing

NURS 4317	Complex Care Across the Lifespan (lecture, online, skills lab & clinical)	NWOSU – Nursing
NURS 4206	Nursing Care in the Community (Lecture, clinical)	NWOSU - Nursing
NURS 4216	Nursing Leadership	NWOSU – Nursing
NURS 3103	Pharmacology	NWOSU - Nursing
NURS 3062	Introduction to Philosophy & Logic of Nursing (online)	OU - Nursing
NURS 4152	Contemporary Issues in Nursing (online)	OU - Nursing
NURS 314	Health Assessment (Skills lab portion)	UNC - Nursing
NURS 324	Therapeutic Interventions (Nursing fundamentals, lecture, skills lab & clinical)	UNC - Nursing
NURS 384,385, 386	Episodic Alterations in Adult/Child Health (Lecture, online, skills lab, & clinical)	UNC - Nursing
NURS 435	Foundations of Professional Practice IV (Leadership & management in class lecture and on-line teaching)	UNC - Nursing
NURS 465	Professional Roles with Individuals and Families (Lecture, online, & preceptor site visits)	UNC -Nursing

Academic Service

2023 – Current- Faculty Development Advisory Board – NWOSU University Committee
 2022-Current – Student Committee Chair – NWOSU Nursing Department
 2021 – 2023- Scholarship Committee – NWOSU University Committee
 2020-2023 – SNA Advisor – NWOSU Nursing Department
 2019-2021 – FEAD Committee – NWOSU University Committee
 2018-2020 – Academic Affairs Committee – NWOSU Nursing Department

Community Service

Date	Committee Name & Role	Location
2024-Current	Vice President, PEO Chapter GM	Enid, OK
2016-Current	Member, PEO Chapter GM	Enid, OK
July 2025	Remote Area Medical Clinic	Enid, OK

2009-Current	Sustaining Member, Junior Welfare League of Enid	Enid, OK
2020-Aug. 2023	Board Member, The Commons Not-For-Profit Retirement Community	Enid, OK
2020-May 2024	Member, Waller Middle School PTSA	Enid, OK
2013-2022	Cub Scout Leader, Pack 24	Enid, OK
2018-2020	Corresponding Secretary, PEO Chapter GM	Enid, OK
2018-2019	Assistant Treasurer – Chisholm Elementary PTA	Enid, OK
2016-2018	Treasurer – Chisholm Elementary PTA	Enid, OK
2014-2015	Treasurer - Junior Welfare League of Enid	Enid, OK
2013-2014	Assistant Treasurer – Junior Welfare League of Enid	Enid, OK
2004-2007	American Heart Association Heart Walk	Enid, OK
2004-2005	Multiple Sclerosis 150 Mile Bike Ride	Tulsa, OK
2003	Sigma Theta Tau, Zeta Omicron Chapter, Vice President	Greeley, CO
2003	Board Member for Denver Health Grant for Biological, Nuclear, Incendiary, Chemical, and Explosion Education for Health Care Workers	Denver, CO
2002-2003	Colorado Nurses Association Co-chair Membership & Marketing Committee	Denver, CO

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 2020-2023 – SNA Advisor – NWOSU Nursing Department
 2019-2021 – FEAD Committee – NWOSU University Committee
 2018-2020 – Academic Affairs Committee – NWOSU Nursing Department

Continuing Education

December 2024, American Association of Colleges of Nursing, Transform Conference, New Orleans, LA – 10.75 Contact Hours

October 2024, The Future of Nursing Education: Unifying Caring Science, Professional Standards, and AACN Essentials – Webinar

October 2023, American Association of Colleges of Nursing, Academic Nursing Leadership Conference, Washington, D.C. – 8 Contact Hours

September 2023, Oklahoma Nurses Association Convention, Tulsa, OK – 7 contact hours

September 2023, Addressing Mental Health Concerns: Building Campus Connections to Boost Wellbeing & Success, Go2Knowledge Webinar

September 2023, The Top 10 Reasons Students Drop Out & How We can Keep Them Enrolled, Go2Knowledge Webinar

December 2022, American Association of Colleges of Nursing, Transform Conference, Virtual – 10 Contact Hours

October 2022, Caring Across Cultures Conference: Culture of Advocacy – 3 contact hours

October 2022, Oklahoma Rural Health Conference, Edmond, OK

September 2022, Oklahoma Nurses Association Convention, Tulsa, OK – 7 contact hours

July 2022, Nurse Educator's Conference – Breckenridge, CO – 8 contact hours

September 2021, Oklahoma Nurses Association Convention, Tulsa, OK – 6.5 contact hours

July 2018, Nurse Educator's Conference in the Rockies, Vail, CO – 10 Contact Hours